



## Cosponsor the PHIT Act Personal Health Investment Today (PHIT) Act S. 680, H.R. 1679

*PHIT would make any expense exclusively intended for the sole purpose of being physically active eligible for FSA/HSA reimbursement.*



## **PHIT ACT** benefits will apply to all Americans and help families overcome financial barriers to active lifestyles

### The PHIT Act Covers:

- |                                   |   |
|-----------------------------------|---|
| Youth & Adult Sports League Fees  | Youth Camps                               |
| Gym & Health Club Membership Dues | Pay-to-Play Sports Fees                   |
| Exercise & Yoga Classes           | Tournament & Race Entry Registration Fees |
| Personal Trainers                 | Required Uniforms                         |
| Sports & Fitness Equipment        | Fitness Tracking Devices                  |
| Bike Rentals                      | Sport-Exclusive Footwear                  |

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**And much more!**



## Income SHOULD NOT be a barrier to activity

# 60%

of parents worry their spending on youth sports will impact their ability to save and invest for the future."

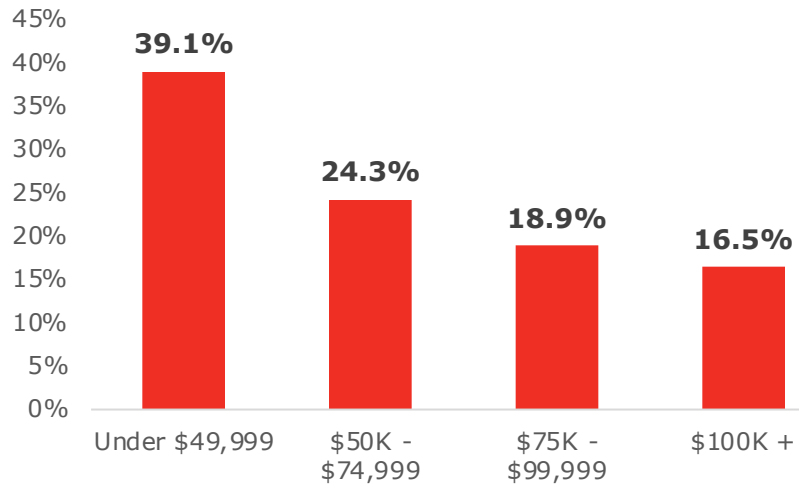
USA TODAY, 2017

Parents spend, on average, **\$693**

per child, per season on youth sports."

Aspen Institute, 2019

### Inactivity Rates by Household Income 2019



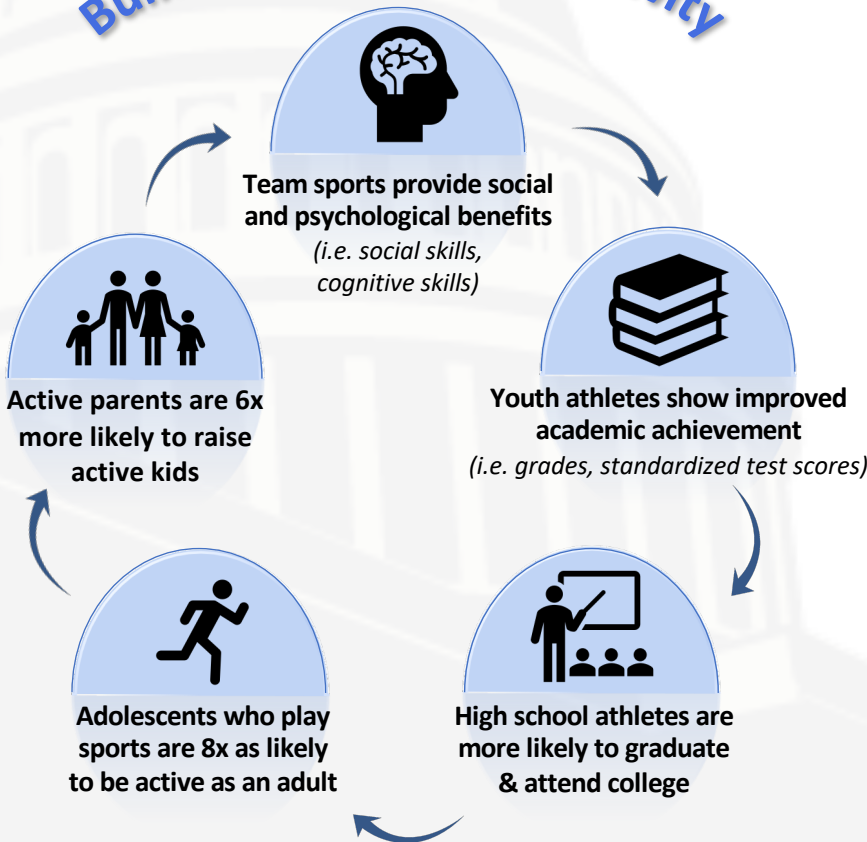
SFIA, 2020

40% of the population making under \$50,000 per year are INACTIVE.

# \$57,000

is the average household income of HSA account holders

## Building a Culture of Activity



# PHIT

will lower the cost of activity for all Americans